

Dear Presidents of National Organizations,
Country Representatives, WKO Branch Chiefs,
Club Leaders

on behalf of Bielański Kyokushin Karate Club, we have the honor to invite you to the

KOKORO CUP JUNIORS



1. DATE AND PLACE

- 4th of December Kokoro Cup Youth
- Sport Hall at Staffa 3/5 street, Warsaw

2. CATEGORIES AND NUMBER OF PARTICIPANTS

Kokoro Cup for Youth (2006-2010) is open for all participants

3. REGISTRATION

Registration through email address – EC2022Kokoro@gmail.com
Registration deadline is 31st of October 2022

4. PARTICIPATION REQUIREMENTS

- A written approval from legal guardian for all minors (under 18 years old at time of event)
- Identity document with a photo.
- In the kumite semi contact competition are required: cotton fists protectors, cotton shin and foot protectors. In addition, boys must have a groin protector and girls must have a chest protector.

5. ACCOMODATION

- **Hotel Ibis Stare Miasto ul. Muranowska 2 00-209 Warsaw (official hotel)**

<https://ibis-warszawa-stare-miasto.hotel-warsaw.net/pl>

Single room with breakfast - 60 euro/hotel day

Twin room with breakfast - 65 euro/hotel day

*To book room at official hotel please send request at following email address:

EC2022Kokoro@gmail.com

- **Hotel Campanile Warszawa ul. Towarowa 2, 00-811 Warsaw**

<https://www.campanile.com/pl>

Single room without breakfast - 55 euro/hotel day

Twin room without breakfast - 55 euro/hotel day

We kindly ask you to keep the deadline for booking accommodation – 20th of October

6. COMPETITION

- **Kokoro Cup for Youth** - Kumite semi contact for boys and girls in categories: 2010, 2009, 2008, 2007, 2006 (year of birth).

Competition according to EKO rules.

Category (2010-2007) compete in hogo, cotton fists protectors, cotton shin and foot protectors.

Category 2006 compete in cotton fists protectors, cotton shin and foot protectors. All competitors must have a set of personal protection. Organizer provides hogo and helmets.

7. KOKORO CUP KUMITE WEIGHT CATEGORIES

Year	Girls	Boys
2010	-40 kg, -45 kg, +45 kg	-42 kg, -47 kg +47 kg
2009	-44 kg, -50 kg, +50 kg	- 49 kg, -55 kg, +55 kg
2008	-50 kg, -56 kg, +56 kg	-54 kg, -62 kg, +62 kg

2007	-54 kg, - 58 kg, +58 kg	-59kg, -64 kg, +64 kg
2006	-56 kg, -60 kg +60 kg	-62 kg, +66 kg, +66 kg

FIGHT TIME FOR SEMI CONTACT CATEGORIES:

	1st round	2nd round	3rd round
semi contact	2 min	2 min	2 min

8. FINANCIAL CONDITIONS

Accommodation, flight tickets, transportation and meals for all participants shall be covered by National Organization or Club or by participant.

Participation fee for Kokoro Cup: 10 Euro per each participant (fee will be charged at registration at December 4)

9. PRELIMINARY SCHEDULE

DECEMBER 4 (SUNDAY) 2022 KOKORO CUP YOUTH TOURNAMENT

- 09.00 - Registration of competitors
- 10.30 - Start of the competition

10. ORGANIZING COMMITTEE / CONTACT PERSON

Chairman of the Organizing Committee: Mariusz Mazur
Tel.: 602 315 601, Mariusz@karatebielanski.com.pl