

Dear Presidents of National  
Organizations, Country Representatives,  
WKO Brach Chiefs, Club Leaders



It is with great honor and pride that Polish Shinkyokushinkai Karate Federation, on  
behalf of European Karate Organization invite you to the:

## **European Karate Championship for Adults 2022** **2 April 2022 – Tarnów/Poland**

### **Place of venue**

Poland, Tarnów, Sportshall „Arena Jaskółka” Tarnów, Traugutta Street 3B

### **Organizer**

- European Karate Organization
- Polish Shinkyokushinkai Karate Federation
- WKS „Kyokushin” Karate – Wojnicz
- TKS „Kyokushin” Karate – Tarnów

### **Honorary Patronage**

Mr. Witold Kozłowski – The Marshal of the Malopolska Region

### **Categories**

European Karate Championship for adults (minimum age for competitors must be 18 years on the day of competition).

2 participants per country in each kumite and kata category.

Host country has one extra participant in each kumite and kata category.

- Kumite woman: -50, -55, -60, -65, +65 kg
- Kumite man: -65, -75, -85, -95, +95 kg
- Kata woman
- Kata man
- Team Kata

**Deadline for registration of National teams, officials and others – 1st March 2022.**

**Registration available by: KumiteTechnology.**

## Requirements

At the registration and medical control all participant are requested to present:

- Declaration for participation in the tournament,
- Medical certificate (English), not older than 1 month,
- Written certificate of non-pregnant for female participants,
- EKO passport with 2022 stamp,
- All protectors and Karate-Gi.

## Schedule

31th March, Thursday:

Arrival of Members of the EKO Management Board and Committees Members

1st April, Friday:

09:00-15: 00	Weight and Medical Control;
09:00	EKO Referee Committee Meeting;
10:00	EKO Technical and Grading Committee Meeting;
10:30	EKO Medical and Antidoping Committee Meeting;
11:30	EKO Board Meeting;
12:30	Lunch
13:30 - 16:00	Referee Cours;
16:30	EKO General Meeting;
18:30	Draws;
20:00	Welcome Dinner (Officials, Branch Chiefs) - Hotel "Tarnovia"

2nd April, Saturday:

7.00	Transfers from Hotel to SPORTSHALL FOR KATA COMPETITORS AND REFEERES
8.00 - 8.30	Referees Meeting
8.30 - 11.00	Kata Individual and Teams
9.00	Transfers from Hotel to Sportshall for Kumite Competitors
11.00	Opening Ceremony
11.15	Demonstration
11.30	Kata Awarding Ceremony
12.00	Kumite Elimination Rounds and Semi-Finals Rounds on 3 Tatami
17.00	Demonstration
17.15	Finals and and Anti-dpings control
18.30	Kumite Awarding Ceremony and Transfers from Sportshall to Hotel
21.00	Sayonara Party (According to Local Regulations) - Hotel "Cristal Park"

3rd April, Sunday:

Check out and departure

## Participation Fee

Participation fee 50 Euro per each participant should be paid by bank transfer.

## Accommodation

According to the established regulations, accommodation of arriving teams in the official hotels is a mandatory requirement.

4\* „Hotel Tarnovia” and 3\* „Hotel Cristal Park”

- 130 € (2 nights/person in SINGLE room),
- 110 € (2 nights/person in TWIN (DBL),
- 90 € (2 night/person in TRIPLE room)

Special accommodation package includes:

- 2 nights accommodation with breakfast (1st - 2nd - 3rd April),
- Lunch – 1st Friday,
- Dinner – 1st Friday,
- Lunch at the competition venue,
- Sayonara Party,
- Two days transfers: hotels – sportshall - hotels and hotels – registration – hotels.

Shorter stay in this hotel not possible during the event.

Extra night accommodation on request (60 € SINGLE room, 50 € TWIN (DBL), 40 € TRIPLE) night/person includes lunch and dinner.

All payments should be paid by bank transfer.

**Deadline for HOTEL AND TRANSFERS BOOKING – 1st March 2022**

## Airports transfers

The nearest international airports transfer costs:

Kraków „Balice” – 15 € / person

Rzeszów „Jasionka” - 15 € / person



## Payment information

Payment for participation fee and accomodation package:

Bank Transfer Account – 88 1750 0012 0000 0000 3837 7248  
Beneficiary – WKS „Kyokushin” Karate  
Bank – BNP Paribas Bank  
SWIFT – PPABPLPKXXX

## Contact information

Official website: [ec2022.pl](http://ec2022.pl)

E-mail: [ec2022poland@gmail.com](mailto:ec2022poland@gmail.com)

President of Polish Shinkyokushinkai Karate Federation:  
Remigiusz Karpiński, e-mail: [remek27@wp.pl](mailto:remek27@wp.pl)

Chairman of the Organizing Committee:  
Wojciech Hajduk, tel.: +48 694 200 484

General Secretary of European Championship:  
Magdalena Hajduk, tel.: +48 604 671 230

**The Organizing Committee wishes you a successful competition and  
a pleasant stay in Tarnów**

## Visit Tarnów!

Galician atmosphere of Tarnów attracts tourists from all over the world who return again and again to re-experience its unique charm. Mixture of Gothic and Renaissance buildings and fortifications, in addition to a Medieval street layout give the Old Town its own distinct flavor. Complimenting the scenic aesthetics is the jovial spirit of its inhabitants, unique to the southern cities of Poland.



The American CNN has prepared a ranking of the most beautiful smaller cities in Europe, which can boast, for example, architecture or a specific regional culture. One of Poland was among the fifteen towns. It is about Lesser Poland Tarnów.



CNN said that although the city is one of the larger towns in the south of our country, it has retained its "small-town" character. The authors of the list drew attention especially to the local Old Town with its Renaissance tenement houses.

According to the American editorial office, Tarnów resembles Krakow before mass tourism flourished in the latter city. "The market square is a great mix of architectural styles. We have a beautiful gothic church and remains of Jewish heritage, although this community suffered more or less during World War II" – stated in the justification of the ranking.