Dear Presidents of National Organizations, Country Representatives, WKO Brach Chiefs, Club Leaders

on behalf of European Karate Organization we have the honour to invite you to the



EUROPEAN KYOKUSHIN / SHINKYOKUSHIN KARATE ADULTS CHAMPIONSHIP 2019 13-14 of April Vilnius, LITHUANIA

The European Karate Championship will take place on 13-14 of April in Vilnius, Lithuania, in "Siemens Arena".

1. Weight categories and number of participants for each country

a) European championship for adults

(The minimum age for competitors must be 18 years on the day of competition):

Kumite men		Kumite women	
Men Lightweight	-65 kg	Women Lightweight	-50 kg
Men Middleweight	65-75 kg	Women Super Lightweight	50-55 kg
Men Super Middleweight	75-85 kg	Women Middleweight	55-60 kg
Men Heavyweight	85-95 kg	Women Super Middleweight	60-65 kg
Men Super Heavyweight	+95 kg	Women Heavyweight	+65 kg

- b) Kata men, Kata women, Kata Mixed Teams;
- c) 2 participants per country in each category KUMITE and KATA. Country organizer has one extra participant in each category.

Deadline for National teams, officials, referees and others registration 12.03.2019

2. Preliminary schedule

11.04.2019 Thursday: arrival of EKO Board, EKO committees, participants.

12.04.2019 Friday: 09:00-15:00 weight and medical control; 09:00 EKO referee committee meeting;

10:00 EKO technical and grading committee meeting; 11:00 EKO medical and antidoping committee meeting;

12:00 EKO Board meeting;

16:00 EKO GENERAL MEETING:

18:00 Draws;

18:30 referee registration and meeting;

20:00 Lithuanian Organization welcome dinner;

All meetings will take place in the Crowne Plaza hotel.

13.04.2019 Saturday: 09:00 - European championship 1st day;

20:00 – WKO and EKO open meeting.

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14.04.2019 Sunday: 09:00 - European championship 2nd day;

20:00 - Sayonara Party (hotel Crowne Plaza)

15.04.2019 Monday: check-out and departure.

3. Financial conditions:

a) Accommodation, flight tickets, transportation and meals for all participants shall be covered by Country Organization or Club or participant himself;

b) EKO participation and antidoping fee 35 Euro per each participant.

4. Accommodation and Championship package*:

4* "Crowne Plaza" hotel – headquarter:

55 € night/person in TWIN (DBL) / 90 € night/person in SINGLE room with breakfast, including:

- 2 days transfers Hotel-Siemens Arena-Hotel,
- Sayonara Party on Sunday, 14 April,
- Entrance to the competition venue.

3* "Europa City Vilnius" hotel:

40 € night/person in TWIN (DBL) / **55** € night/person in SINGLE room with breakfast, **including:**

- 2 days transfers Hotel-Siemens Arena-Hotel,
- Sayonara Party on Sunday, 14 April,
- Entrance to the competition venue.

Deadline for hotel booking and final confirmation 18th of March 2019.

All payments should be paid by bank transfer.

Those National Federations accommodated in a different place than one of the Official Hotels must inform the Organizers the name and address of their accommodation place. For staying in other hotels: Sayonara Party ticket 50 Euro, transfers to Venue not available.

5. Conditions for participating in the Championship for fighters and coaches:

All competitors are requested to present:

- written medical certificate (in English, Russian or Lithuanian languages) indication that he or she is physically fit and healthy and his/her insurance documents. This medical certificate must not be older than 3 months (women are requested to present written certificate of non-pregnant state);
- declaration for participation in the tournament.

The coach must wear the national team uniform.

6. Registration and contact person

Registration will be available online on www.ec2019.kyokushin.eu
LKKF General Secretary Aleksejus Svesnikovas, info@kyokushin.lt, +370 698 08099

Chairman of the Organizing Committee Romas Vitkauskas romas@bc.lt tel. +370 698 25622

^{*}Special accommodation and Championship package price is valid for stay **minimum 3 nights.** Shorter stays in these hotels not possible during the event.