

Invitation

Kyokushin Open 2019

Bergen

Norwegian Martial Arts Federation and
Bergen Karate Klubb
have the pleasure of welcoming all friends of Karate to
Kyokushin Open 2019



Organizer:
Norwegian Martial Arts Federation
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Technical organizer:
Bergen Karate Klubb
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KAMP SPORT

Member of Norwegian olympic and paralympic committee and Confederation
of sports (NOC), World Taekwondo Federation (WTF), World Karate
Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu
International Federation (JJIF) and International Kendo Federation (IKF)

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Venue	Laksevågshallen
	Lyder Hornsvei 42, 5163 LAKSEVÅG
Date	Friday February 15th 2019
	Scandic Bergen City Hotel 19.00 – 21.00 – Weighing and registration 20.00 – 22.00 - Referee meeting
Date	Saturday February 16th 2019
Program	08:30 Sportshall opens, Laksevågshallen 09:00 Free transportation by bus from Scandic Bergen City Hotel. 09:30 Medical check-up. (Full Contact only). 10:30 Information meeting for team leaders, coaches. 11:00 Tournament starts. 16:30 Tournament ends. 16:45 Free transportation by bus back to Scandic Bergen City Hotel. 20:00 Sayonaraparty. Scandic Bergen City
Classes	
Fullcontact + 18 years.	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Recruit Class	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Fullcontact with limitation. + 40 years.	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight(-90), heavy weight (+90)
Fullcontact with limitation. Age 15-17 years.	Girls: Light weight (-60), middle weight (-70), heavy weight (+70) Boys: Light weight (-65), middle weight (-75), heavy weight (+75)
Fullcontact with limitation. Age 13-14 years.	Girls: Light weight (-50), middle weight (50-60), heavy weight (+60) Boys: Light weight (-55), middle weight (55-65), heavy weight (+65)

Rules	
Kumite	Fullcontact: Rules approved by The Norwegian Martial Arts Federations.

Enrolment	
Enrolment	Send the enrolment form no later than February 10 th 2019. E-mail: kyokushin.open.norway@gmail.com
Starting fee	Starting fee, NOK 400,- paid in NOK due to registration.
Draw	Organizer will provide draw lists in the morning Saturday February 16 th in the Sportshall.

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Hotel	
Hotel	<p>Official Tournament Hotel : Scandic Bergen City</p> <ul style="list-style-type: none"> • Single room, breakfast included NOK 630,- • Twin room, breakfast included NOK. 850,- • Trippel room, breakfast included NOK 1 050,- <p>Order code:</p> <p>For bookings, please contact: Scandic Bergen City Tlf: 0047 55 33 33 32 Mail: bergencity@scandichotels.com</p> <p>Guaranteed rooms at this price, reservations must be made within 31th of January.</p> <p>Payment at check out.</p>
Transportation	The organizer will provide bus transportation from Scandic Bergen City Hotel to the Sportshall and back to the Hotel after end of tournament.
Sayonaraparty	<p>Venue for Sayonaraparty: Scandic Bergen City, Saturday Februar 16th at 20:00</p> <p>Deadline for enrolment February 10th 2019.</p>

Welcome to Bergen!



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