

## Fighting Seminar 2019

For the past 19 years we have held the Fighting Seminar and the focus is on all aspects of Shinkyokushin kumite (sparring, technique and stamina). The seminar is a fantastic preparation for tournaments, grading tests or just self-development.



This year's guest instructors will be Sensei Nazar Nasirov (Russia) & Sempai Vladimir Artyushin (Kazakhstan).

Both are well-known fighters and have placed among the best 8 and best 16 at the World Tournament 2015. Sensei Nazar was first runner up and Sempai Vladimir second runner up in -85kg at the World Cup 2017.

### **Who can join?**

The seminar is for everyone who has an interest in kumite. Children above 12-years of age and adults are welcome. Please ask your instructor before registration.

**What to expect?**

Even though the seminar is only for a weekend you can expect a lot of sparring and different kumite techniques.

**Location**

TK's Ungdomsgård  
Tuborgvej 185, 2400 Copenhagen NV, Denmark  
<http://www.tk-ungdomsgaard.dk/>

**Important dates**

The seminar takes place on Saturday the 23th of February 2019 from 09:00 to 20:00 and Sunday the 24th of February 2019 from 09:00 to 16:00.

*Last registration day is Friday the 8th of February 2019. Remember that the registration is binding!*

**Price and registration**

Price for the seminar is 550 DKK. This includes lunch and dinner on Saturday and lunch on Sunday.

***Note that this year there are no registrations at the dojos. All registrations should be directly to Sensei Mathias Halberg via email: [kumiteseminar@gmail.com](mailto:kumiteseminar@gmail.com)***

**Please bear in mind that we can maximum be 150 participants, so do not hesitate to register!**

If you need a place to stay we can help you find a hotel or stay at one dojo nearby.

Please transfer the fee to Danske Bank, account: 3117 3117458865.

For none-Danish participants: We do not have an IBAN account, therefor we want you to contact Sensei Mathias for details on payment.

If you have further questions please contact Sensei Mathias via:

Email: [kumiteseminar@gmail.com](mailto:kumiteseminar@gmail.com)

Phone: +45 40780075